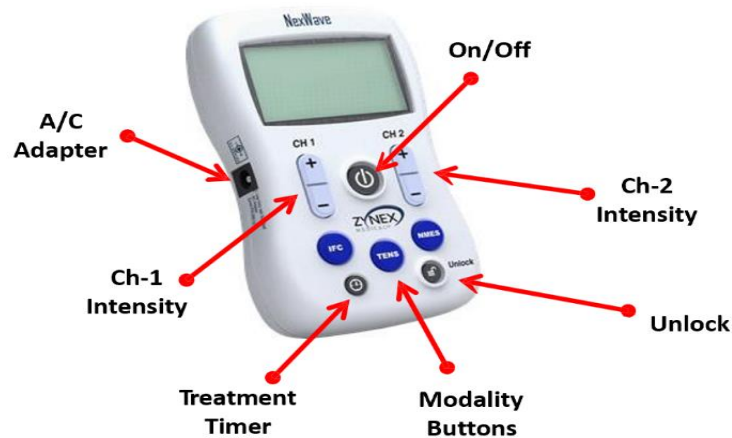




NexWave Pain Management Protocol

(Tx = Treatment)

NexWave Buttons



- ❑ **IFC** – 3-4 Tx/Day 20-40 Mins. every 4-6 hour(s)
 - ❖ IFC Treatments may be used in conjunction with Ice or Heat Treatments
 - ❖ Use prior to bedtime to improve sleep quality
- ❑ **TENS** - as needed throughout the Day for Breakthrough Pain Management
- ❑ **NMES** - 1-2 Tx/Day for 5-15 Mins. **as directed by your provider**
 - ❖ Prevent or delay disuse atrophy, with strengthening programs, re-educate muscles, post-orthopaedic surgery, joint replacement, gait training, and reduction of muscle spasms

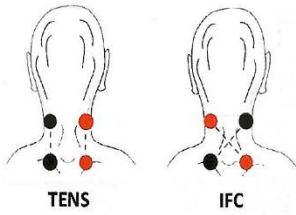
After acute pain symptoms have decreased, it is safe for **IFC** and **TENS** to be used at any time for breakthrough Pain Management.

Contact Zynex Patient Support at (800) 495-6670 with any product questions

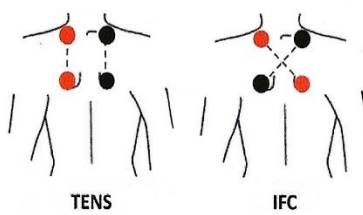
Please adhere to ALL Safety and Care instructions outlined in the User's Manual to prevent any potential hazards or adverse reactions.

Choose placement of electrodes based on **Provider guidance and as outlined on back**. Electrodes should be placed on the skin **Prior** to turning on the device.

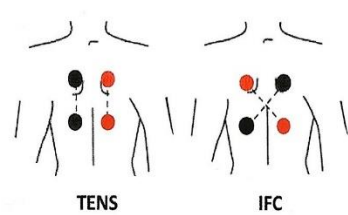
Cervical Pain



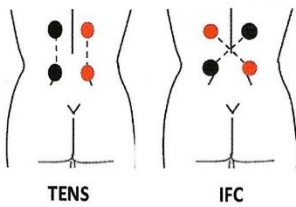
Upper Back



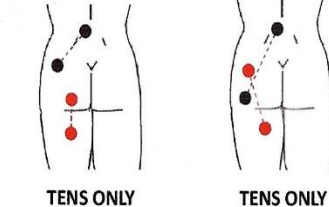
Thoracic Pain



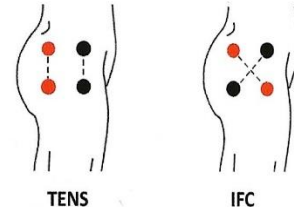
Low Back Pain



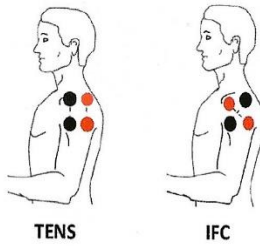
Low Back w/ Leg Pain



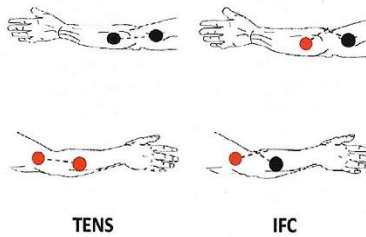
Hip



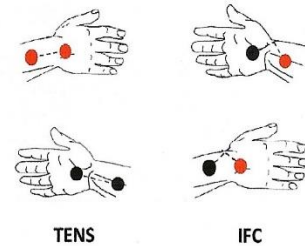
Shoulder



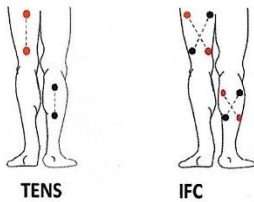
Elbow



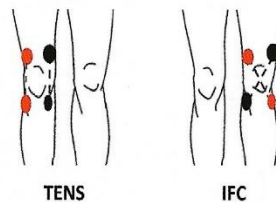
Wrist



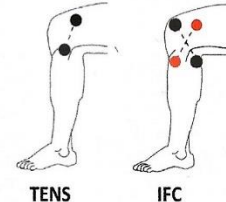
Hamstring/Calf



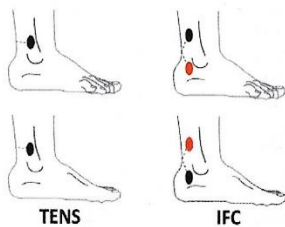
Knee/Patella



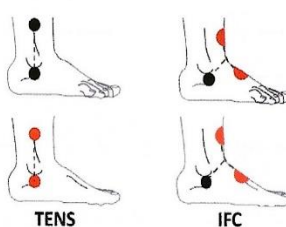
Knee - Side of Knee



Achilles Tendon



Ankle - Lateral/Medial/Anterior



Foot - Bottom

